



Quiet Hour

"He Giveth His Beloved Sleep."

The plink of dawn is o'er the hill;
Awake, there is thy field to till;
In Autumn 'neath the noonday's sun
To forth and reap till day is done.
When winter's near and starlings peep,
"He giveth His beloved sleep."

Fear not when low you lay your head
Upon your downy pillow bed.
If love has fast within thy breast,
There's One above who guards thy rest.
A silent watch His angels keep,
"He giveth His beloved sleep."

Faint not when life's great trials come,
Nor from the narrow pathway roam.
March on, breast forward, glad ahead;
And when the barriers all have fled,
And thou the dreary ages reap,
"He giveth His beloved sleep."

When last thy weary toils are done,
The race is run, the goal is won,
And when thou takest thy last rest,
He still is near; thou shalt be blessed.
When misty aethers thy eyelids creep,
"He giveth His beloved sleep."
—Jno. J. Marks.

How Character Is Made and Shown.

He was known to them in the breaking of bread.—Luke, xxiv, 35.

There are many wonderful and glorious passages in the New Testament, but few more pathetic to my apprehension than that little story of the walk of Emmaus, the disciples not recognizing the Master, while yet their hearts burned within them as they talked with Him by the way. And the story reaches its climax of beauty, unfolds the sweetest flower of its significance where the disciples, rehearsing the details of the event, tell how Jesus "was known to them in the breaking of bread."

How interesting and suggestive that He was not known to them by any sign that marked Him as the Messiah or in any way pre-eminent, but by one of the simplest things He had ever done in their presence. One likes to think of their recalling something pleasant in His manner, some happy, grateful look upon His face, as if He were God's minister in answering the prayer. "Give us this day our daily bread" which He had taught them when they asked Him how to pray. Perhaps the time when He sat at table with them was the time when the conscious burden of His ministry was most oppressive and He unbent Himself in the most intimate and friendly manner.

It is very lovely to be thought of when alive and remembered when dead as doing kind and pleasant things. Among the thousands of exaggerated and pretentious epitaphs in Mount Auburn there is one which reads:

She was so pleasant.

I think it one of the most enviable. And there are many women and as many men who earn it perfectly. They do not strive nor cry, but wherever they go and whatever they do they diffuse an atmosphere of comfort and content. They make sick people well and sad people merry. They dispel the gloom from anxious hearts and the fevered pulse is quieted at the cool fountain of their unflinching cheer.

A great many persons are known to their families and friends in the same way as Jesus was known in the New Testament story—by their behavior at the morning, noonday, or evening meal. "Joy of the street," says the Provencal proverb, "curse of the home." It is proverbial which fits many people like a glove. These are men who spend all their pleasantness and gaiety on their companions in business and at the club and have only sour looks and cross words at home. There are women who can "smile and smile" at the afternoon reception and the evening party, and be anything but agreeable in the uneventful round of their domestic cares. But what men and women are in this uneventful round goes far not only to show their true character, but to make it what it is for better or worse.

Francis Bacon said: "God hangs the greatest weight upon the smallest wires." That would be dangerous mechanics were not the wires so many that in their aggregate they are of as great strength as that of the cables on which our great suspension bridges swing in air. The atomic theory may be true or false in physics; it is certainly true upon the spiritual plane. All great actions, characters and events are prepared for in silence and obscurity by innumerable little seemingly unimportant actions, refusals, acceptances, dispositions. The roots of a great character spread out like the roots of a great tree, ten thousand filaments drawing their virtue from the dark earth and secret springs, and yielding each its proper increment to that great strength with which the tree or character flings wide its branches and defies the storm. Men and women are best known as they are most surely fashioned by such little seemingly petty actions as the breaking of bread or the making of it, or the tasks necessary for the honest earning of it, because the whole character rushes into expression in every part, because every part reports the soundness or unsoundness of the whole to which it has contributed its due proportion of those elements which in their aggregation and co-ordination make up a human life.—Jowa White Chadwick.

The Constant Christian.

Constancy, stability among Christians, is currency above par. The exigencies of the Lord's work are such that we cannot afford to be unstable. The unstable Christian is one of the greatest stumbling blocks in the way of sinners. Thousands of men outside the church give this as the main reason for their active opposition or apathetic indifference to Christianity. The unstable Christian is a reproach to his profession, a reproach to his

church and a reproach to his Christ. Constancy, stability, is one of the Christian worker's strongest assets.

Many of us may not be able to engineer vast enterprises in the church, many of us may not have the natural powers and gifts of some of our brethren, many of us may not have enthusiastic, hopeful and positive natures; but there is not one of us, not one but can be constant in our efforts as Christians in our own sphere, if we will take ourselves and our profession seriously. It is not child's play to be a representative of Christ. It is the work of a man and worth that man's highest thought and best endeavor. Nothing among the so-called negative virtues undermines character like instability. Nothing so stamps a man as useless to his church, to his community and to his Christ as inconstancy. On the other hand, nothing tends to build up a noble and exalted character so much as constancy and faithfulness; nothing will be more likely to raise a man's usefulness to his highest notch than these qualities. To be inconstant, unstable, that were of the earth, earthy; but to be uniformly true and steadfast, that were of Christ, Christlike.

Through Sorrow's Gate.

There are many things, besides sorrow's self, that come through sorrow's gate—gentleness, tact, sympathy, strength, beautiful traits of character, which seem to find no other mode of entrance into life. Long for unclouded joy as we may, it still remains true that few of us would choose for our most valued friend one who has never suffered. The eyes that have not known tears must needs lack something of tenderness. The heart that never has been torn with anguish and loss has never sounded its own depths, and cannot measure those of another. The soul grows strong through storm and conflict, if it ever grows strong at all, and, however sweet a nature may be, we find it incomplete and unsatisfying if it has never known the softening, hallowing touch of grief. There are dark pages in our lives where we would gladly have changed the story if we could. There are wounds that still ache, and losses that even yet are hard to bear; but however we may feel about the sorrow itself, there are few of us who would be willing to give up all that it brought and taught us—to be just what we were before it touched us. There are some precious gains that come through sorrow's gate.

Rejoicing in Tribulation.

This is contrary to the flesh, but in harmony with grace. Men naturally shun what is disagreeable and irksome. To endure tribulation with joy, it must be of a kind which has not come upon us by our own folly and sin. If we bring trouble and hardship upon ourselves by our own wrong doing, we should mourn and repent, rather than rejoice. But if for fidelity to truth and devotion to Christ we suffer, then we can rejoice that we are accounted worthy to enter into the fellowship of his sufferings. To such Christ speaks: "Be thou faithful unto death, and I will give thee a crown of life."

Such as bear trial for Jesus patiently and joyfully, thereby give a good and effectual testimony of the reality and beauty and helpfulness of the Christian religion. The world has respect and reverence for a Christian who is himself a living example of the faith he professes. But the ungenerous despise hypocrisy in religion and take a discriminating view of practical Christianity as they read it in the life of professed followers of Christ.

God Hears.

Prayer must be addressed to the Father. As soon as we utter that sacred name the divine nature responds and, to put it vividly, is on the alert to hear what we desire. A little child cannot utter a sigh however slight, a sob however smothered, without awakening the quick attention of its mother; and at the first whisper of our Father's name He is at hand to hear and bless. Alas, we have too often grieved His Holy Spirit by a string of selfish petitions or a number of formal platitudes. To the wonderment of angels we thus fritter away the most precious and sacred opportunities. Be still, then, before you pray to consider what to ask. Order your prayers for presentation and be sure to begin the blessed interview with words of sincere and loving appreciation and devotion.—Rev. F. B. Meyer.

Human Life.

It is the salvation of a noble nature to have some task of self-denial, some motive for self-sacrifice left, when all that made the daily burden of life endurable has passed away. Happy he who has habituated himself to look upon his whole earthly career but as a task of which the reward, though not given here, is as priceless as it is certain. I have remarked that a true delineation of the smallest man and his scene of pilgrimage through life is capable of interesting the greatest man; that all men are to an unspeakable degree brothers—each man's life a strange emblem of every man's—and that human portraits faithfully drawn are of all pictures the welcome on human walls.—Thomas Carlyle.

NO NERVES IN HIS TEETH.

John Chinaman Has at Least One Cause for Congratulation.

The impassivity of John Chinaman's countenance is now at least partially explained. He has no nerves in his teeth. This interesting bit of information comes 'way from Oregon, where the dentists have been having a state meeting. One of the speakers, who makes no claims to "painless dentistry," said he had tinkered with the teeth of many Chinamen, and never once had known of them to whimper. The only thing in regard to which they show the least anxiety is to "secure any teeth they have pulled, which they want to take back or send back to China in order that they may have a full set when they are reincarnated." A Chinaman would be a good subject for a "painless dentist" to use in a public demonstration.

School for Theatrical Critics.

A school of theatrical critics is to be opened in Paris. The students are to attend dress rehearsals and write them up for practice.

Of Wide Interest.

Breed, Wis., July 18.—Special.—Charles Y. Peterson, Justice of the Peace for Oconto Co., has delivered a judgment that is of interest to the whole United States. Put briefly, that judgment is, "Dodd's Kidney Pills are the best Kidney medicine on the market to-day."

And Mr. Peterson gives his reason for this judgment. He says: "Last winter I had an aching pain in my back which troubled me very much. The morning I could hardly straighten my back. I did not know what it was but an advertisement led me to try Dodd's Kidney Pills. After taking one box I can only say they have done more for me than expected as I feel as well now as ever I did before."

Pain in the back is one of the first symptoms of Kidney disease. If not cured by Dodd's Kidney Pills it may develop into Bright's Disease, Diabetes, Rheumatism or some of the other deadly forms of Kidney Disease.

German Love of Sauerkraut.

Here is an imaginative story to illustrate the estimate that some German citizens place on sauerkraut as a food staple. A German was speaking about the high price of cabbage. "I tell you, those cabbages are awful high this year," he said; "me und me wife puts up six, seven, eight barrels of sauerkraut every year—but we can't die year. Dem kebbages dey cost too much." "You put up some sauerkraut, didn't you, Chris?" he was asked. "Oh, yes—two or three barrels—just to haf in de house in case of sickness."

Leprosy Among Fish Eaters.

Statistics are quoted showing that while in India the average occurrence of leprosy is three or four cases per 10,000 of population, in the island of Minicoy, in the Indian ocean, whose inhabitants are devoted to fishing, it rises to 150, and at Kalliguan, a fish-curing center, it amounts to 500.—Harper's Weekly.

Horsemen's Kindergarten.

"The men who are training the horses must be strict, and, at the same time, kind to them, and under no circumstances must they be played with. It is also not advisable to encourage the horses with sugar, carrots, etc., is an order issued to the London Metropolitan Fire Brigade.

BACK LICK

Settled the Case With Her.

Many great discoveries have been made by accident and things better than gold mines have been found in this way, for example when even the accidental discovery that coffee is the real cause of one's sickness proves of most tremendous value because it locates the cause and the person has then a chance to get well.

"For over 25 years," says a Missouri woman, "I suffered under agonies in my stomach and even the best physicians disagreed as to the cause without giving me any permanent help, different ones saying it was gastritis, indigestion, neuralgia, etc., so I dragged along from year to year, always half sick, until finally I gave up all hopes of ever being well again.

"When taking dinner with a friend one day she said she had a new drink which turned out to be Postum and I liked it so well I told her I thought I would stop coffee for awhile and use it, which I did.

"So for three months we had Postum in place of coffee without ever having one of my old spells but was always healthy and vigorous.

"Husband kept saying he was convinced it was coffee that caused those spells, but even then I wouldn't believe it until one day we got out of Postum and as we lived two miles from town I thought to use the coffee we had in the house.

"The result of a week's use of coffee again was that I had another terrible spell of agony and distress, proving that it was the coffee and nothing else. That settled it and I said good bye to Coffee forever and since then Postum alone has been our hot meal-time drink.

"My friends all say I am looking worlds better and my complexion is much improved. All the other members of our family have been benefited, too, by Postum in place of the old drink, coffee." Name given by Postum Co., Battle Creek, Mich.

Ten days trial of Postum in place of coffee or tea is the wise thing for every coffee drinker. Such a trial tells the exact truth often where coffee is not suspected.

Look in each pkg. for the famous little book, "The Road to Wellville."

In a Dutch Village.

At Marken, a fishing village of Holland, few men are to be seen, as they are nearly always out at sea in their boats. Those whom one does see are like Dutchmen in a play, in queer headgear, in the most voluminous knickerbockers that ever delighted the heart of a caricaturist and having on clattering wooden shoes which are, as a coasting skipper once said, the surest preventive of colds and of "cold feet" (which he spoke of as if they were a disease) to be found in the world. Clumsy enough these Dutch fisher folk look, but they are handy in a boat. But there is agriculture, too, of a simple kind at Marken. Not a man usually is to be seen working in the bay harvest or at other employment in the fields. The women do the farm work.

Low Wages Paid in Egypt.

The population of Egypt is about 8,000,000, and most of the people are engaged in a sort of desultory campaign against mother earth to force her to yield enough grain for the mere sustenance of lazy life. The labor supply is large and dilatory; the wages are correspondingly low. In upper Egypt one can hire farm laborers, or loafers, at 9 cents a day, and in lower Egypt at 13 cents, the laborer, or loafer, to board himself. These laborers, or loafers, want no money in pay, but will take part of the crop.

Grasp the Opportunity.

In 1865, Durham was a village of a dozen houses. When the soldiers plundered the place, they got a quantity of smoking tobacco. They liked it so well that they hardly got home before they began to write to Durham to get more. There were in the town men of enough enterprise to see the opportunity which this situation offered them. It was not long before Durham salesmen were selling Durham tobacco in every part of the world.—The World's Work.

Soldiers' Superstitions.

Among the numerous superstitions of the Cossacks there is none stronger than the belief that they will enter Heaven in a better state if they are personally clean at the time they are killed. Consequently, before an expected battle they perform their toilets with scrupulous care, dress themselves in clean garments, and put on the best they have. This superstition is not confined to the Cossacks alone, but is widely prevalent in all branches of the Russian army.

A Trip to Colorado, Utah or California

is not complete unless it embraces the most beautiful resorts and grandest scenery in Colorado, which are found on the Colorado Midland Railway, the highest standard gauge line in the world. Exceptionally low summer round trip rates to Colorado interior state points, Utah, California and the Northwest are offered by this line. For information address Mr. C. H. Speers, General Passenger Agent, Denver, Colo.

Imitation Furs.

The skin of the muskrat or musquash makes a much more durable and richer looking fur, and from imitation Alaska sable coats frequently are made. Rabbit skins also are used after a complicated treatment in the manufacture of imitation chinchilla. No wonder there is such a difference in the chinchilla furs.

Man Should Be Vegetarian.

Man's structure, compared with that of other animals, indicates that fruits and esculent vegetables are his natural food. The man-like apes live exclusively upon fruits, nuts and green leaves.

Work and Prayer.

Praying for things and working for them brings results. Work brings results, which are at least satisfactory for prayer may be answered in a way that is unexpected.

Catarrah Cannot Be Cured

with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrah is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrah Cure is taken internally, and acts directly on the blood and mucous surfaces. Hall's Catarrah Cure is not a quick medicine. It was prescribed by one of the best physicians in this country for years and is a regular prescription. It is composed of the best tonics known, combined with the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing catarrah. Send for testimonials, free. F. J. GILLESPIE & CO., Props., Toledo, O. Sold by Druggists, price 75c. Take Hall's Family Pills for constipation.

When a woman says a thing is in style she means it won't be as soon as all her friends get it.—New York Press.

The Hagenbeck Animal Paradise and Trained Animal Circus on the Pike at St. Louis attracts great crowds every day. There are wild beasts, lions, leopards, pumas, hyenas, bears and tigers roaming in their native jungle together with domesticated animals in perfect harmony. The Hagenbeck trainers present the most thrilling performances of perfect animal training daily in the steel cage of the huge arena. You should not fail to see it. It is the greatest attraction at the World's Fair.

During his courtship a man thinks it's a dream; after marriage he is sorry that he woke up.

World's Fair Accommodations. Reliable and reasonable accommodations; ad-joins World's Fair grounds on the south side, with private gate direct from Union Station by street car. Write for reservations. Grand View Hotel, St. Louis, Mo.

He who will not take advice gets knowledge when trouble overtakes him.—Kallit.

FITs permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for FREE 25c trial bottle and treatise. DR. R. H. KLINE, Ltd., 301 Arch Street, Philadelphia, Pa.

He alone is an acute observer who can observe minutely without being observed.

I do not believe Piso's Cure for Consumption has an equal for coughs and colds.—JOHN F. BOYER, Trinity Springs, Ind., Feb. 15, 1900.

Many a meek man develops into a high stepper when the elevator isn't running.

INFIRM, BUT LONG LIVED.

English Vicar Disappointed the Buyer of His Living.

In England the purchase of an advowson, or the right to succeed to a vacant church office, is not uncommon. There is a story told of a country vicarage whose incumbent was, though but middle-aged, very infirm. His tenure of the position being thus uncertain, the living was advertised for sale. The auctioneer who at the time had the disposal of all church preferments mentioned as a special advantage to intending purchasers that the holder could not last long. To put this prospect to the test several possible buyers went down to the village to look over the vicar. A father and son attended the Sunday services at the church. A servant led the ailing vicar, but the latter managed to get through a very earnestly delivered sermon lasting half an hour. In the afternoon he again conducted service, baptized children and preached for fifty minutes. Service in the evening was to follow. But the man who had come to buy had seen enough. "My son," he said, "that old cock ain't a-goin' yet; I am," and he forthwith departed. In the end a young parson bought the place for himself. The invalid outlived by twenty years the man who had bought his living; he lasted fifty years beyond the sale and died of sheer old age at 92.

THE WEAK SPOT.

A weak, aching back tells of sick kidneys. It aches when you work. It aches when you try to rest. It throbs in changeable weather. Urinary troubles add to your misery. No rest, no comfort, until the kidneys are well. Cure them with Doan's Kidney Pills. Mrs. W. M. Dauscher, of 25 Water St., Bradford, Pa., says: "I had an almost continuous pain in the small of the back. My ankles, feet, hands and almost my whole body were bloated. I was languid and the kidney secretions were profuse. Physicians told me I had diabetes in its worst form, and I feared I would never recover. Doan's Kidney Pills cured me in 1896, and I have been well ever since."

A FREE TRIAL of this great kidney medicine which cured Mrs. Dauscher will be mailed to any part of the United States. Address Foster-McLennan Co., Buffalo, N. Y. Sold by all dealers, price 50 cents per box.

A lot of people who grace the show window really belong on the bargain counter.

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INFANTS & CHILDREN

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

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Pumpkin Seed
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Rhubarb
Sage
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St. John's Wort
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A Perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP.

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NEW YORK.

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The formula of a noted Boston physician, and used with great success as a Vaginal Wash, for Leucorrhoea, Pelvic Catarrh, Nasal Catarrh, Sore Throat, Sore Eyes, Cuts, and all soreness of mucous membrane.

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